

# EAT. DRINK. SOCIALIZE.

## METLIFE MARKETPLACE

Breakfast Monday – Friday 7:30 am – 9:30 am

Lunch Monday – Friday 11:30 am – 2:00 pm

## WEEK OF DECEMBER 8TH



### RISE & SHINE

#### BREAKFAST SPECIALS

<b>Monday:</b> egg white breakfast burrito with potato, mushroom, spinach, & swiss	3.25
<b>Tuesday:</b> taylor ham pork roll & cheddar cheese with ketchup on a kaiser roll	3.75
<b>Wednesday:</b> egg white breakfast burrito with potato, mushroom, spinach, & swiss	3.25
<b>Thursday:</b> taylor ham pork roll & cheddar cheese with ketchup on a kaiser roll	3.75

Mon

<b>Flame Grill:</b> sweet potato burger with tomato, mozzarella, & basil on brioche	6.40
<b>Kitchen &amp; Co:</b> honey mustard glazed salmon, plant-based beef stuffed portobello, roasted sweet potato, red pepper roasted cauliflower, steamed brussel sprouts	\$.50/oz
<b>Mac &amp; Cheesyology:</b> build your own mac and cheese bowl with choice of bbq pork, bbq chicken, choice of roasted seasonal vegetables & assorted toppings	8.95

Tues

<b>Flame Grill:</b> crispy bbq chicken wrap with crispy onions, roasted corn, lettuce, tomato, cheddar, & ranch in a flour tortilla	6.40
<b>Rhythm &amp; Roux:</b> cajun roasted chicken thighs, blackened tofu, smothered cabbage, butter bean succotash, red beans & rice, fried okra	\$.50/oz
<b>Chef's Table:</b> made to order seafood chowder salmon, crab, shrimp, & haddock, served with grilled focaccia	9.50

Wed

<b>Flame Grill:</b> sweet potato burger with tomato, mozzarella, & basil on brioche	6.40
<b>Ginger Republic:</b> sweet & sour chicken, orange peel tofu, vegetable lo mein, garlic ginger broccoli, vegetable egg rolls	\$.50/oz
<b>Earth Bowl:</b> create your own bowl with choice of roasted chicken thighs or baked falafel, choice of brown rice or cauliflower rice, choice of assorted vegetables, assorted toppings, & assorted sauces	8.95

Thurs

<b>Flame Grill:</b> crispy bbq chicken wrap with crispy onions, roasted corn, lettuce, tomato, cheddar, & ranch in a flour tortilla	6.40
<b>Piccola Italia:</b> beef & pork meatball marinara, eggplant parmesan, spaghetti, balsamic roasted vegetables, caesar salad, garlic cheese bread	\$.50/oz
<b>Taco Cantina:</b> create your own tacos with choice of seared ahi tuna, sweet chili shrimp, or chili cauliflower, assorted toppings & served with bean & corn salad, & rice	9.50/8.95

Fri

<b>Kitchen &amp; Co.:</b> chef's selection	\$.50/oz
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### WEEKLY FEATURES

#### ITEMS AVAILABLE ALL WEEK

##### PICCOLA ITALIA

cheese flatbread	4.75
meat flatbread	5.25
veggie flatbread	5.55
cauliflower crust margherita pizza	6.00
hand tossed hawaiian pizza with ham, pineapple, & jalapeno	6.00

##### BUTCHER & BAKER

grilled chicken, brie, pear, & balsamic onion on telera	6.40
italian sandwich with ham, salami, prosciutto, banana peppers, lettuce, tomato, & provolone on focaccia	6.40
bombay tofu wrap with pumpkin hummus, cilantro, pickled onion, roasted potato, cucumber & tomato in a spinach tortilla	6.40



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### SOUPS

#### MONDAY

chicken noodle	12 oz 3.30
	16 oz 4.40

#### TUESDAY

vegetable beef & barley	12 oz 3.30
	16 oz 4.40

#### WEDNESDAY

wisconsin cheese soup	12 oz 3.30
	16 oz 4.40

#### THURSDAY

lemon chicken orzo	12 oz 3.30
	16 oz 4.40