EAT. DRINK. SOCIALIZE.

METLIFE MARKETPLACE

Breakfast Monday - Friday 7:30 am - 9:30 am Lunch Monday - Friday 11:30 am - 2:00 pm

WEEK OF DECEMBER 8TH



RISE & SHINE

BREAKFAST SPECIALS

Monday: egg white breakfast burrito with potato, mushroom, spinach, & swiss	3.25
Tuesday: taylor ham pork roll & cheddar cheese with ketchup on a kaiser roll	3.75
Wednesday: egg white breakfast burrito with potato, mushroom, spinach, & swiss	3.25
Thursday: taylor ham pork roll & cheddar cheese with ketchup on a kaiser roll	3.75

Mon

Flame Grill: sweet potato burger with tomato, mozzarella, & basil on brioche

Kitchen & Co: honey mustard glazed salmon, plant-based beef stuffed portobello, roasted sweet potato, red pepper roasted cauliflower, steamed brussel sprouts

\$.50/oz

Mac & Cheesyology: build your own mac and cheese bowl with choice of bbq pork, bbq chicken, choice of roasted seasonal vegetables & assorted toppings

8.95

nes

Flame Grill: crispy bbq chicken wrap with crispy onions, roasted corn, lettuce, tomato, cheddar, & ranch in a flour tortilla 6.40

Rhythm & Roux: cajun roasted chicken thighs, blackened tofu, smothered cabbage, butter bean succotash, red beans & rice, fried okra \$.50/oz

Chef's Table: made to order seafood chowder salmon, crab, shrimp, & haddock, served with grilled focaccia 9.50

Ved

Flame Grill: sweet potato burger with tomato, mozzarella, & basil on brioche 6.40

Ginger Republic: sweet & sour chicken, orange peel tofu, vegetable lo mein, garlic ginger broccoli, vegetable egg rolls

Earth Bowl: create your own bowl with choice of roasted chicken thighs or baked falafel, choice of brown rice or cauliflower rice, choice of assorted vegetables, assorted toppings, & assorted sauces 8.95

Thurs

Flame Grill: crispy bbq chicken wrap with crispy onions, roasted corn, lettuce, tomato, cheddar. & ranch in a flour tortilla 6.40

Piccola Italia: beef & pork meatball marinara, eggplant parmesan, spaghetti, balsamic roasted vegetables, caesar salad, garlic cheese bread

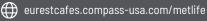
Taco Cantina: create your own tacos with choice of seared ahi tuna, sweet chili shrimp, or chili cauliflower, assorted toppings & served with bean & corn salad, & rice 9.50/8.95

Ë

Kitchen & Co.: chef's selection \$.50/oz



o marketplace_at_cary



WEEKLY FEATURES

ITEMS AVAILABLE ALL WEEK PICCOLA ITALIA

4.75
5.25
5.55
6.00
6.00

BUTCHER & BAKER

grilled chicken, brie, pear,

& balsamic onion on telera	6.40
italian sandwich with ham, salami, prosciutto, banana peppers, lettuce, tomato, & provolone on focaccia	6.40
bombay tofu wrap with pumpkin hummus, cilantro, pickled onion, roasted potato, cucumber & tomato in a spinach tortilla	6.40
CUCUIIDEI & LUIIALU III a SDIIIACII LUI LIIIA	0.40



\$.50/oz

\$.50/oz

MET CAFÉ

Download and order with the app today!

SOUPS

MONDAY	
chicken noodle	12 oz 3.30
	16 oz 4.40
TUESDAY	
vegetable beef & barley	12 oz 3.30
	16 oz 4.40

WEDNESDAY

wisconsin cheese soup 12 oz 3.30 16 oz 4.40

THURSDAY

lemon chicken orzo 12 oz 3.30

16 oz 4.40